

THURSDAY Elementary Relay Heats

5:45 PM		Girls 4x100m Relay Under 11	Heats	12
6:20 PM		Boys 4x100m Relay Under 11	Heats	13
7:25 PM		Girls 4x100m Relay Under 13	Heats	10
7:55 PM		Boys 4x100m Relay Under 13	Heats	9
8:25 PM		Girls 4x100m Relay Under 15	Heats	5
8:40 PM		Boys 4x100m Relay Under 15	Heats	5

FRIDAY Night Track

5:00 PM	13	Women 300m Dash Senior	Finals	3
5:09 PM	14	Men 300m Dash Senior	Finals	3
5:25 PM		Women 50m Dash Invitational	Heats	2
5:35 PM		Men 50m Dash Invitational	Heats	3
5:55 PM	11	Girls 800m Run U16 (formerly Midget)	Finals	1
6:00 PM	4	Boys 800m Run U16 (formerly Midget)	Finals	1
6:05 PM	9	Girls 800m Run U18 (formerly Youth)	Finals	1
6:10 PM	12	Boys 800m Run U18 (formerly Youth)	Finals	1
6:15 PM		Opening Ceremonies		
6:45 PM		Women 50m Dash Invitational	Finals	1
6:50 PM		Men 50m Dash Invitational	Finals	1
7:05 PM	7	Mixed 800m Run Master	Finals	1
7:15 PM		Men 400m Dash Invitational	Finals	1
7:25 PM	10	Women 1000m Run Senior	Finals	1
7:33 PM	13	Men 1000m Run Senior	Finals	1
7:45 PM	9	Girls 60m Hurdles U18 (formerly Youth)	Heats	2
7:55 PM	3	Men 60m Hurdles Senior	Finals	1
8:00 PM	1	Men 60m Hurdles U20 (formerly Junior)	Finals	1
8:05 PM	4	Boys 60m Hurdles U18 (formerly Youth)	Finals	1
8:15 PM	4	Women 60m Hurdles Senior	Finals	1
8:20 PM	8	Girls 60m Hurdles U18 (formerly Youth)	Finals	1
8:25 PM	28	Girls 200m Dash U16 (formerly Midget)	Finals	6
8:43 PM	17	Boys 200m Dash U16 (formerly Midget)	Finals	4
8:55 PM	18	Girls 200m Dash U18 (formerly Youth)	Finals	4
9:07 PM	11	Boys 200m Dash U18 (formerly Youth)	Finals	3

SATURDAY Morning Track

9:00 AM	17	Tri: #1 Girls 60m Dash U12 (formerly Youth)	Finals	3
9:09 AM	25	Tri: #1 Boys 60m Dash U12 (formerly Youth)	Finals	4
9:21 AM	29	Girls 60m Dash U16 (formerly Midget)	Heats	4
9:33 AM	16	Boys 60m Dash U16 (formerly Midget)	Heats	2
9:39 AM	21	Girls 60m Dash U18 (formerly Youth)	Heats	3
9:48 AM	21	Boys 60m Dash U18 (formerly Youth)	Heats	3
10:00 AM	4	Women 60m Dash Master	Finals	1
10:03 AM	6	Men 60m Dash Master	Finals	1
10:06 AM	13	Women 60m Dash Senior	Heats	2
10:12 AM	21	Men 60m Dash Senior	Heats	3
10:21 AM	35	Tri: #1 Girls 60m Dash U14 (formerly Youth)	Finals	5
10:36 AM	13	Tri: #1 Boys 60m Dash U14 (formerly Youth)	Finals	2
10:42 AM	4	Women 3000m Run Senior	Finals	1
10:57 AM	6	Men 3000m Run Senior	Finals	1

11:15 AM	9	Girls 400m Dash U18 (formerly Youth)	Finals	2
11:21 AM	9	Boys 400m Dash U18 (formerly Youth)	Finals	2
11:27 AM	4	Girls 600m Run U12 (formerly Peewee)	Finals	1
11:32 AM	17	Boys 600m Run U12 (formerly Peewee)	Finals	1
11:37 AM	13	Girls 800m Run U14 (formerly Bantam)	Finals	1
11:42 AM	4	Boys 800m Run U14 (formerly Bantam)	Finals	1
11:50 PM	7	Boys 60m Hurdles U16 (formerly Midget)	Finals	1
11:55 AM	8	Girls 60m Hurdles U16 (formerly Midget)	Finals	1
12:00 PM	4	Boys 60m Hurdles U14 (formerly Bantam)	Finals	1
12:05 PM	8	Girls 60m Hurdles U14 (formerly Bantam)	Finals	1

SATURDAY Afternoon Track

1:00 PM		Women 60m Hurdles Invitational	Heats	2
1:10 PM		Men 60m Hurdles Invitational	Exhib	1
1:20 PM		Girls 4x100m Relay Under 11	Semis	4
1:32 PM	8	Girls 60m Dash U16 (formerly Midget) A/B	Finals	2
1:38 PM	8	Boys 60m Dash U16 (formerly Midget)	Finals	1
1:45 PM		Men 60m Hurdles Invitational	Finals	1
1:55 PM		Women 60m Hurdles Invitational	Finals	1
2:05 PM		Girls 4x100m Relay Under 11	Finals	1
2:08 PM		Boys 4x100m Relay Under 11	Semis	4
2:20 PM	8	Girls 60m Dash U18 (formerly Youth)	Finals	1
2:24 PM	8	Boys 60m Dash U18 (formerly Youth)	Finals	1
2:28 PM		Men 60m Dash Invitational	Heats	2
2:38 PM	5	Women 100m Dash Special "O"	Finals	1
2:40 PM	5	Men 100m Dash Special "O"	Finals	1
2:42 PM		Boys 4x100m Relay Under 11	Finals	1
2:45 PM		Girls 4x100m Relay Under 13	Semis	4
2:57 PM		Under 11 4x100m Awards		
3:07 PM	8	Women 60m Dash Senior	Finals	1
3:10 PM	8	Men 60m Dash Senior	Finals	1
3:13 PM		Women 60m Dash Invitational	Finals	1
3:23 PM		Girls 4x100m Relay Under 13	Finals	1
3:26 PM		Boys 4x100m Relay Under 13	Semis	4
3:38 PM		Men 60m Dash Invitational	Finals	1
3:48 PM		Boys 4x100m Relay Under 13	Finals	1
3:51 PM		Girls 4x100m Relay Under 15	Semis	2
3:57 PM		Boys 4x100m Relay Under 15	Semis	2
4:03 PM		Under 13 4x100m Awards		
4:13 PM		Men 300m Dash Invitational	Finals	1
4:23 PM		Girls 4x100m Relay Under 15	Finals	1
4:26 PM		Boys 4x100m Relay Under 15	Finals	1
4:29 PM	7	Women 600m Run Senior	Finals	1
4:32 PM	12	Men 600m Run Senior	Finals	1
4:35 PM		Under 15 4x100m Awards		
4:45 PM	0	Girls & Boys 4x100m Relay U14 (formerly Youth)	Finals	1
4:50 PM	1	Girls 4x100m Relay U16 (formerly Midget)	Finals	1
4:55 PM	0	Boys 4x100m Relay U16 (formerly Midget)	Finals	1
5:00 PM	7	Girls 1200m Run U16 (formerly Midget)	Finals	1
5:07 PM	5	Boys 1200m Run U16 (formerly Midget)	Finals	1
5:14 PM	8	Girls 1500m Run U18 (formerly Youth)	Finals	1
5:21 PM	7	Women 1500m Run Senior	Finals	1
5:28 PM	9	Boys 1500m Run U18 (formerly Youth)	Finals	1
5:35 PM	7	Men 1500m Run Senior	Finals	1
5:42 PM	4	Mixed 1500m Run Master	Finals	1

FRIDAY Long Jump

4:30 PM	12	Women Long Jump Senior	Finals	
6:00 PM	14	Girls Long Jump U18 (formerly Youth)	Finals	
7:45 PM	15	Girls Long Jump U16 (formerly Midget)	Final 1	
8:45 PM	15	Girls Long Jump U16 (formerly Midget)	Final 2	

FRIDAY Shot Put/Weight

5:00 PM	2	Boys Weight Throw U18 (formerly Youth)	Finals	
5:00 PM	5	Men Weight Throw Senior	Finals	
7:00 PM	6	Women Shot Put Senior	Finals	
8:00 PM	3	Girls Shot Put U18 (formerly Youth)	Finals	
8:00 PM	6	Girls Shot Put U16 (formerly Midget)	Finals	

FRIDAY High Jump

6:00 PM	4	Men High Jump Senior	Finals	
7:00 PM	5	Boys High Jump U18 (formerly Youth)	Finals	
8:00 PM	6	Boys High Jump U16 (formerly Midget)	Finals	

SATURDAY MORNING Long Jump

8:30 AM	6	Boys Long Jump U18 (formerly Youth)	Finals	
9:35 AM	9	Boys Long Jump U16 (formerly Midget)	Finals	
10:45 AM	15	Men Long Jump Senior	Finals	

(Standing LJ | Groups of 5)

8:30 AM	35	Tri: #2 Girls LJ Standing U14 (formerly Bantam)	Finals	
9:45 AM	17	Tri: #2 Girls LJ Standing U12 (formerly Pee Wee)	Finals	
10:30 AM	13	Tri: #2 Boys LJ Standing U14 (formerly Bantam)	Finals	
11:15 AM	25	Tri: #2 Boys LJ Standing U12 (formerly Pee Wee)	Finals	

SATURDAY MORNING Shot Put/Weight (TRI Shot 3 Consecutive Throws)

8:15 AM	13	Tri: #3 Boys Shot Put U14 (formerly Bantam)	Finals	
9:00 AM	35	Tri: #3 Girls Shot Put U14 (formerly Bantam)	Finals	
10:15 AM	25	Tri: #3 Boys Shot Put U12 (formerly Pee Wee)	Finals	
11:15 AM	17	Tri: #3 Girls Shot Put U12 (formerly Pee Wee)	Finals	
12:15 PM	0	Girls Weight Throw U18 (formerly Youth)	Finals	
12:15 PM	6	Women Weight Throw Senior	Finals	

SATURDAY MORNING High Jump

8:45 AM	4	Girls High Jump U12 (formerly Pee Wee)	Finals	
8:45 AM	6	Boys High Jump U12 (formerly Pee Wee)	Finals	
10:00 AM	2	Boys High Jump U14 (formerly Bantam)	Finals	
10:40 AM	22	Girls High Jump U14 (formerly Bantam)	Finals	

SATURDAY MORNING Pole Vault

10:00 AM	1	Girls Pole Vault U16 (formerly Midget)	Finals	
10:00 AM	4	Girls Pole Vault U18 (formerly Youth)	Finals	
10:00 AM	11	Women Pole Vault Senior	Finals	

SATURDAY AFTERNOON Long Jump/Triple Jump

1:20 PM	5	Women Long Jump Special "O"	Finals	
1:20 PM	5	Men Long Jump Special "O"	Finals	
2:30 PM	4	Boys Triple Jump U18 (formerly Youth)	Finals	
2:30 PM	9	Men Triple Jump Senior	Finals	
4:10 PM	3	Girls Triple Jump U18 (formerly Youth)	Finals	
4:10 PM	8	Women Triple Jump Senior	Finals	

SATURDAY AFTERNOON Shot Put

2:10 PM	3	Women Shot Put Special "O"	Finals	
2:10 PM	5	Men Shot Put Special "O"	Finals	
3:15 PM	3	Boys Shot Put U16 (formerly Midget)	Finals	
3:15 PM	1	Boys Shot Put U18 (formerly Youth)	Finals	
4:15 AM	0	Men Shot Put U20 (formerly Junior)	Finals	
4:15 PM	7	Men Shot Put Senior	Finals	

SATURDAY AFTERNOON High Jump

1:00 PM	8	Girls High Jump U18 (formerly Youth)	Finals	
2:00 PM	4	Women High Jump Senior	Finals	
3:00 PM	8	Girls High Jump U16 (formerly Midget)	Finals	

SATURDAY AFTERNOON Pole Vault

2:00 PM	0	Boys Pole Vault U16 (formerly Midget)	Finals	
2:00 PM	2	Boys Pole Vault U18 (formerly Youth)	Finals	
2:00 PM	9	Men Pole Vault Senior	Finals	